



Imagination... Elixir of Life



A Word to Our Readers

We are pleased to put forth the very first edition of our newsletter of the academic session 2021-2022, which not only exemplifies our adaptations to contemporary realities but also carries hope for everything that is to come. Our Newsletter encompasses the theme of, 'Imagination – Elixir of Life'.

It is an embodiment of a colourful world of imagination, dreams and hopes compiled together with words and pictures. It's an attempt to develop and nurture the students' ability to form mental pictures. Everybody has the ability to imagine, but imagination becomes powerful when one turns it into a manifestation. The relentless efforts flaunted in this newsletter are bound to stir an emotion of unalloyed peace and pleasure in the mind of the readers.



Principal Sr. Navya's Message

Dear Students, teachers, parents and well-wishers,

It gives me immense joy to get an understanding of all your endeavors through our E-magazine. I find it to be a great way to communicate. It gives us a unique platform to showcase our creativity and imagination.

Imagination is a powerful force which has helped to bring out vagaries and fancies in the universe. The ability to imagine has propelled us humans into action and has made the world a very fascinating place to live in. Imagination is truly The Elixir of life. It reminds us of the importance of nurturing our mind with good reading. This in turn promotes creative thoughts and ideas. It is well said, "If you can imagine it, you can achieve it; If you can dream it, you can become it". Let the imaginative power within us be alive and active to make our life sublime.



Embracing Diversity (Dedicated to my sister- Khushi)

People say that she is DIFFERENT. Yes, she is DIFFERENT. Why? Because she just does not care about the race that people spend their entire life trying to win. She isn't bothered to win the race of building a good career, of meeting a particular standard, of being the best at studies. She simply doesn't believe in wasting her entire life just trying to outperform others. Enjoying life is more important to her. That is what the elixir of life means to her and to me.

Happiness is what is worth winning, not these races that we force ourselves into.

Khushi is different. She is not able to do a few tasks by herself, but she still enjoys life and is grateful for having one. She is behind when it comes to academics, but she's the first to appreciate and admire people and their achievements. If the other person is better than her at something, she appreciates it and never feels envious. Why then, is participating in races important if you can enjoy today and be grateful?

Today is a gift, that's the reason it's called the PRESENT.

Elixir of life is to enjoy, love, and live. People say that Khushi is DIFFERENT, but I personally think that she is SPECIAL, as she understands the true meaning of the elixir of life.



Creativity

Seed of Greatness

Humankind has always searched in vain for an elixir of life; for the divine amrita. A whiff and waft of this elixir are expected to grant immortality to humans. But I believe that the true elixir of life is just an extension of our imagination. Imagination is basically our thoughts, ideas, plans and mindsets. It influences everything we do and creates an entirely different world for us to live in. It further effects our dreams, inventions, and everything else we do. Imaginative and innovative children are more curious about the world (something important for the foundation of intelligence) and have better communication skills. Imagination allows a person to reflect upon the past and to build the future. It plays an important role in improving our mental health by providing us with a positive approach. It is a great tool for recreating our world as well as our life. We take this vital skill for granted in our everyday lives, but we forget that imagination is essential for sanity. Imagination is the gorgeous visual array of bright and bold colours which helps us to improve our way of life. I believe that imagination is the key to innovation.

P.T. Burman once said, "Imagination...It is the elixir of life. It is the seed of greatness."

By: Kavya Pandey VII – Camellia



Conversation is Survival

Have you ever imagined what life would be like, if we lacked the sense of communication? What if we did not have a tongue? It's hard to imagine as life would be terrible. God has endowed us with the ability to converse with each other. Sometimes, we need to be brave enough to start a conversation that matters to us. Conversation is a crucial factor in our lives as it is the only medium that helps us to connect with each other, to exchange our thoughts, share our views, sorrows, and emotions with our loved ones. Conversing with a person whom we trust, or our elders helps one to get rid of stress, grief and sorrows which perturb our minds. These emotional problems can easily be solved by conversing with our near and dear ones. Conversing with such people might make us feel calm and relaxed. People who are shy and nervous, can also overcome their shyness and nervousness by trying to converse with their friends. Having deep conversations has really helped people to combat the current pandemic. We must be careful and ensure that we do not use our words to hurt each other. We should be grateful

to God for this precious gift of speech and make the best of it.

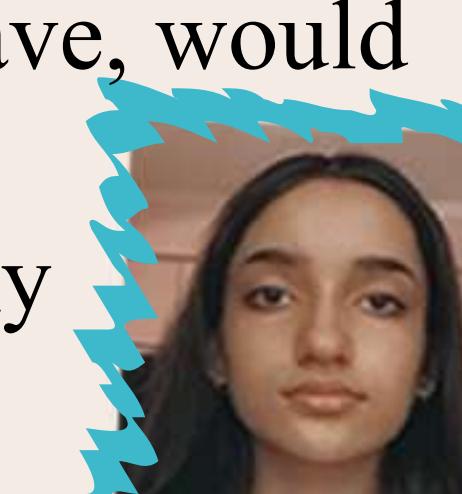
By: Kanak ChauhanVII- Anise



Endless Possibilities

Long before our ancestors could speak, they used art as a way of expressing themselves. Later they discovered language to communicate even better. So, imagination is the key here. If we can imagine it, we can do it. Imagination has helped evolve humankind's thoughts, and in a way, humankind itself. Even science has agreed that human imagination has made a great contribution in new discoveries. Major scientific personalities have said that their discoveries were not made just by facts; they used their imagination to open up new possibilities. Albert Einstein said, "logic will take you from A to B. Imagination will take you everywhere." It stands true. Difficulties faced by us stimulate our imagination. What if the cavemen didn't face difficulty dragging their hunted game back to their cave, would they have invented the wheel? Every human made structure has been influenced by our imagination. One discovery leads to many others. I think you all would agree that 'imagination is the elixir of life.' Indeed!

By: Ridhima Shukla VIII Anise



OXYMORONS

I never liked you, and I always will.

If I could drop dead right now, I would be the happiest man alive.

The silence in the library is deafening for occasional visitors.

Okay, that was a seriously funny joke.

Click the 'Start' button to shut down the computer.

I have a terrible memory. I never forget a thing.

Heated arguments can turn pretty ugly.

I have a whole bunch of completely empty boxes.



defined

Through the Eyes of Agnalite.

Escaping the Brutal Realities

We live in a world, filled with sorrows, melancholy, racism, anxiety and felonies. In short, our life is a hectic race. In order to take a break from this race, we need a solution which can help us escape and live a life we desire to. The solution is our wonderful imagination. With our magnificent imagination, we can live the way we desire to. For instance, we could imagine ourselves as a character in Harry Potter, or perhaps in our favourite anime, maybe as a member of our preferred musical band; the possibilities are endless. Imagination not only helps in entertaining ourselves but also acts as a tool to increase creativity and our thinking skills.

The more we think, the more knowledge we obtain. The more our creativity expands, the better we understand the beauty of the world.



By: Niharika Kuriyal VIII- Camellia

Nameless Paints

We all know Japan follows innovative ways to raise creativity in kids. 'Nameless Paints' is one such unique method developed by Ima Moteki", the team of Japanese designers -Yusuke Imai and Ayami Moteki. Children are given a set of colours. This set has 10 paint tubes without name labels. Instead, the cover of each tube has a circle filled with the colour which the tube contains. The designers want children to understand what shade they will get if they mix certain colours. For instance, if a tube has markings of Pink and Blue, the kid squeezing the tube will learn that purple comes after mixing these colours. It was inspired by the doubts that the two of them felt since a young age and it won the Grand Prix in the 2012 KOKUYO DESIGN AWARD as a work that greatly broadens children's learning and creativity. The technique encourages children to visualize what shade they will create by mixing two or more colours.



By: Atharv Rana VI- Anise

Healthy Lifestyle Vs Wealthy Lifestyle

Having a balanced diet is important for maintaining good health. Choose food that is low in saturated fat, Trans-fat and cholesterol. Limit your intake of sugar, salt (sodium), and alcohol. Eat more fiber, which can be found in fruits, vegetables, beans, whole grain products and nuts.

Maintaining a daily exercise routine: Exercise is a key factor for staying healthy. Exercise strengthens the bones, heart, and lungs. It also tones muscles, improves vitality, relieves depression and helps you sleep better. Talk to your doctor before starting an exercise program if you have health conditions such as obesity, high blood pressure, or diabetes. This can help ensure that your exercise is safe and that you get the most out of it.

Give yourself a little relief: Having stress is normal. But too much stress can cause health problems such as little or no sleep, upset stomach, and anxiety. You may not be able to avoid stress completely but having knowledge of the source can help you feel better.

Let us understand it through my poem

*What is the use of being wealthy?
If you are not healthy?
First you spend your money in eating,
Then your body starts heating.
When you fall sick, ball does not get kicked;
And your team does not get picked.
Eating healthy won't make you wealthy;
But will definitely give you a long lifespan;
Till you become old and tan.
So listen my dear friend,
Follow hygiene, to live with a healthy gene.
Stop eating junk; so you don't get spunk.
Arise before it's late,
Otherwise, you will never wake.
O friend! Mark my words otherwise alas! You'll not say a word.
Take some sleep, or else you'll go deep.
Be hygienic; and don't get panic.
Do right, eat light' and live a long life.*



By: Aadya Gupta VI- Balsam

The Rainbow Summit

There once was a unicorn, who lived in a faraway land. Her name was Stella. She was colour-blind and saw everything in the shades of grey, black and white. Little did she know, that the only reason why she couldn't see the colours was because she couldn't visualise them. One day, Stella's friends advised her to go to The Rainbow Summit, which was on a vast mountain. Although, one might assume that its beauty was the reason of its popularity, the real magic lay on top of the mountain; for at the peak there was a fountain filled with a magical elixir- the elixir of imagination. Stella decided to try and reach the peak for the reward seemed quite tempting. After long weeks of travelling through a dense forest, Stella finally reached her destination. She did reach it, yes, yet she was disappointed. There was no sign of any fountain. Stella tried to find it and looked around but in vain. Feeling dejected as the feeling of hopelessness surrounded her, she started walking away until suddenly, a quiet voice called- "Stella, you have come so far just to find the magical elixir, are you going to give up so easily? You know what I think? I think that as it's the elixir of imagination, maybe the way to find it is to assume that you have already found it." When Stella turned around, she was shocked as she realised that she couldn't see anyone.

'Maybe I imagined it...IMAGINATION! That's the answer! I need to imagine the fountain!'

So stella did imagine it. She imagined an elegant fountain made of sandstone, covered with pearls on its every end. And look at that! The magnificent fountain appeared in front of her, exactly the way she had imagined it. Bending down to drink the elixir, she abruptly lifted her head, hesitating, only to see that she could see different colours around her now. Surprised, yet happy, she decided to leave without consuming the elixir, for she had already found the real magic inside her. She knew that the stalk of imagination would never again dry up.



By: Advait Lakhhera VI-Camellia

CROSS WORD

Across:

- 1) A portion of English which is used for Vocabulary perfection. (7 words)
- 2) Number of inhabitants in a place (10 words)
- 3) Timely care (10 words)
- 4) A piece of creative writing, usually written in a box. (6 words)
- 5) A victory or national chant.(6 words)
- 6) The material from which surgical gloves are made.(5 words)
- 7) The ruler of a large kingdom.(7 words)
- 8) A stream of liquid or gas forced out of a small opening. (3 words)

Down:

- 1) A place usually at the backyard of a house to store tools and other equipment (4 words)
- 2) A place where we can get protection from calamities. (6 words)
- 3) An investigator. (9 words)
- 4) Link or become linked. (4 words)
- 5) Arrangements to protect public health from enzymes. (10 words)
- 6) Pass or go. (4 words)
- 7) Synonym of kingdom. (5 words)
- 8) A small container or plastic bag in which goods are packed. (6 words)

Ans: Across: 1) Grammar 2) Population 3) Benevolent 4) Notice 5) Anthem

6) Latex 7) Emperor 8) Jet

Down: 1) Shed 2) Bunker 3) Detective 4) Join 5) Sanitisation 6) Went

7) Realm 8) Packet



Riddles

By: Aanya Varshney

1. What is always coming but never arrives?
2. If you have me, you want to share me. If you share me, you haven't got me. What am I?
3. You can only have it once you have given it.
4. I have eyes but I can't see, I live in the dark until you need me. What am I?
5. Start a journey without it and you will never prevail, but if you have too much of it you will surely fail?

Ans: 1.Tomorrow, 2.Secret, 3.Respect, 4.Needle, 5.Confidence

Guess the Car Manufacture ?

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figment of imagination

Heartfelt Dreams

I was standing on the stage
With a mic in my hand
And a thousand people faced
Me and my band.

They were cheering me on
shouting out my name,
as loud as they could
And this moment made me happier
than anything ever would.

Then scene dissolved and now
I was standing in the middle
Surrounded by a crowd
They told me that they loved my work
And although it was a little too loud
It was my favourite sound.

The scene suddenly changed and I saw
Myself inside an empty room
I realised it was just a dream
it ended all too soon
And I thought to myself
That maybe'
One day it will be more than
just a figment of my fantasy
It's just my guitar and me
For now at least,
But one day I will show
The world the best that I can be.

By: Bhavya Dwivedi VIII Anise

Imagination

I sometimes go in Imagination
When according to me are situations
Where I feel calm
With the horses in the farm.
No Truth, No Lie
The place where I can also fly
No one is there to hurt
No fight on the outskirt.
I can talk to animals and they can talk to
me
I become whatever I want to be!
No police, No thief
Where I can take a breath of relief.

By: Akshat Garg VI Camellia

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Power of Imagination

Imagination has no limit,
Limit is just a boundary.

Imagination is the elixir of life,
It is the creativity of the hive.
Imagination is a friend,
It is never out of the trend.

Imagination can make
someone's mood happy,
It can make someone's mood sad.

It can make someone cry,
It can make someone try.
Imagination is very precious,
It is not suspicious.

Imagination is very helpful,
It makes a man successful.

By: Draavya Jain VIII Anise

LIFE MUST GO ON

The entire world Just stopped one day,
From happiness and joy to an
unimaginable way.

Locked inside our houses felt like a cage,
People got annoyed And was full of rage.

Never realized in these two years
How much have we grown?
All we want now is the masks to be thrown.

People lost friends and family,
Countries lost citizens terrible things
happened,
It's the worst situation.

But this can end, And be amend,
Back will be then joy,
Happiness in each girl and boy.

All you have to do is stay at your house,
Wear a mask covering your
nose and mouth,
Stop the chain of the Virus replication,
And soon better will be the situation.

By: Krishna VII Anise

Me and Basketball

One day I stood against the wall
to see how much I was tall.
My mother said I needed to be tall
because I was very small.
She suggested me to play and
join basketball.

I played it with my friends but the
direction of my ball always bends.

If you want to...

If you want to change
Change your thoughts

If you want to save
Save the environment

If you want to grow
Grow a tree

If you want to help
Help someone in need

If you want to see
See what you do

If you want to love
Love who you are

If you want to kill
Kill your negative thoughts

And with this, you will be
A better human being

By: Medha Joshi VII Anise



I went to class with my ball;
my sir said it was very small.

Even with my small ball I matched
everyone head to head.
Excellent and very good was
all he said.

I finished off my friends and they were
defeated.

I was very tired and then went to bed.

By: Shashank Mishra VII Anise